



Addictions and Cravings Index

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Addictions and Cravings Index

A
ABALONE
ACACIA
“ACCEPTANCE-ADDICT”
“ACHIEVE-AHOLIC”
“ACID” (LSD)
ACOUSTIC GUITAR
ACTING
“ACTION-ADDICT”
ACTIVITIES
“ACTIVITY-ADDICT”
“ADAM” (Heart chakra-affecting psychoactive substance)
ADDICTION
ADOPTING CHILDREN
ADRENALINE-ADDICT
ADVICE-GIVING
AEROBICS
AEROSOLS (Sniffing)
AFRICAN ARTIFACTS
AFRICAN VIOLETS
“AIKIDO-ADDICT”
ALCOHOL
ALLITERATION-FREAK
ALLSPICE
ALMONDS
ALYSSUM
AMPHETAMINE
ANEMONE
“ANGEL DUST”
ANGELS
“ANIMAL LOVER”
ANISE
ANOREXIA
ANTHROPOLOGY
ANTIDEPRESSANTS
ANTIQUE AUTOS

ANTIQUES
APPLE(S)
APPLE BLOSSOMS
APRICOT(S)
ARBUTUS (Strawberry tree, madrone)
ARCHAEOLOGY
ARCHERY
ARCHITECTURE
ARGUING
AROMATICS
ARROWHEADS
ARTICHOKE(S)
ART COLLECTING
“ART-MANIA”
ART MUSEUMS
ASPARAGUS
“ASPIRIN-FREAK”
ASTERS
ASTRAL PROJECTION/ASTRAL TRAVELS
ASTROLOGY
ASTRONOMY
ATHLETICS
“ATONEMENT-FREAK”
“ATTENTION-GETTING”
“AUTHORITY-FREAK”
AUTOBIOGRAPHY-WRITING
“AUTOGRAPH HOUND”
AVOCADO(S)
AZALEA

B

BABIES
BACHELOR’S BUTTON
BACKGAMMON
BACON
BADGES
BADMINTON
BAGPIPE
BAG-POPPING
BAKED GOODS
BAKING
BALALAIKA
BALLET
BALL GAME-BETTING
BALLOONS
BALLROOM DANCING
BANANAS; BANANA FLAVOR
BANJO
“BARBIE”
“BAR FLY”
BARGAINS
BARLEY
BARS
BASEBALL CARDS
“BASEBALL-NUT”

BASIL
BASKETBALL CARDS
“BASKETBALL-MAD”
BASKETS
BASS
BASS GUITAR
BASSOON
BASS VIOLIN
BATHING
BATHS
BATH TUBS
BAY LEAF
BEADS
BEANS
BEEF
BEEKEEPING
BEER
BEER STEINS
BEETS
BEGONIA
BEING PREGNANT
BELL PEPPERS
BELLS
BELLY DANCING
BELTS
BERRIES; BERRY FLAVORS
BICARBONATE
BICYCLING
BIG GAME HUNTING
BILLIARDS
BINGE-EATING
“BINGO”
BIRD-OF-PARADISE
BIRDS
BISCUITS
“BITCHING”
BITTER FLAVORS
BITTERNESS
BITTERSWEET FLAVORS
BLACKBERRY; BLACKBERRIES; BLACKBERRY FLAVOR
BLACK-EYED PEAS
“BLAND-ON-BLAND” TASTES
BLEEDING HEARTS (Flower)
BLOGGING
“BLOODY MARY”
BLUEBELLS (Flower)
BLUEBERRIES; BLUEBERRY FLAVOR
BOATING
BOATS
BODY-BUILDING
BODY GUARDS
BODY-LICKING
BODY-PIERCING
BOLOGNA
BONDAGE

BONSAI TREE
“BOOK-AHOLIC”
BOOKKEEPING
“BOREDOM-AVOIDANCE”
BOTTLES; OLD BOTTLES
BOTTLE OPENERS
BOTTLE TOPS
BOURBON
BOWLING
BOWLS
BOXING
BOYSENBERRIES
BRAN
BRANDY
BRAZIL NUTS
BREAD
BRIDGE
BROAD JUMP
BROCCOLI
BROADCAST E-MAILING
BRUSHES
BRUSSEL SPROUTS
BUCKLES
BUCKWHEAT
BUFFALO MEAT
BUGLE
BULIMIA
“BUMPER CARS”
“BUNGEE JUMPING”
BUS FUMES
BUSINESS CARDS
BUSTS
“BUSYBODY”
“BUSY-NESS”
BUTTER
BUTTERCUPS (Flower)
BUTTERFLIES
BUTTERMILK
BUTTERSCOTCH
BY THE WATER

C
CABBAGE
CACTUS FLOWERS
“CAFE AMERICANA”
“CAFE AU LAIT”
“CAFFEINE-ADDICT”
CAKE
CALLA LILY (Flower)
CAMELLIA (Flower)
CAMERAS
CAMPING OUT
CANASTA
CANDLES
CANDLE HOLDERS

CANDY
CANDY APPLES
CANDY-COATED POPCORN
CANES
CANTALOUPE
CAPPUCCINO
CARAMEL
CARAMEL-COATED POPCORN
CARAWAY (Spice)
CARBOHYDRATES
CARBONATED MINERAL WATER
CARDAMON (Spice)
CARDS-PLAYING
CARD TRICKS
“CARE-COERCING”
CARNATIONS (Flower)
CARNIVAL GAMES
CARNIVAL RIDES
CAROB
CAROUSEL HORSES
CARP
CARPENTRY
CARPET BEATERS
CARPETS
CAR REPAIRING
CAR RESTORATION
CARROT JUICE
CARROTS
CARS
CARTOONING
CARTOONS (Animated)
CARTOONS (Jokes)
CARVING
CASHEWS
CASH REGISTERS
CASINOS
CASTLES
CATALOGUES
CATFISH
CATS
CATSUP
CAULIFLOWER
“CAUSE-AHOLIC”
CAVE EXPLORING
CAYENNE
CD’s
CELERY
CELL PHONE
CEREAL
CHAMPAGNE
CHANGE
CHANGING OTHERS
“CHAPSTICK”
CHARADES (Game)
CHARD

CHECKBOOK COVERS
CHECKERS
“CHEERFUL CHARLIE/CHARLENE” COMPULSIVE UP-BEATNESS
CHEESE
CHEESECAKE
“CHEESE CURLS;” “CHEESE PUFFS”
CHERRIES; CHERRY FLAVOR
CHESS
CHESTNUTS
CHEWING GUM
CHEWING TOBACCO
CHEWY FOODS
CHICKEN
CHICORY
CHILES
CHINAWARE
CHINESE CHECKERS
CHOCOLATE
CHOCOLATE-AND-MINT
CHOCOLATE-AND-PEANUT BUTTER
CHOIR
CHRYSANTHEMUMS
CHURCH ACTIVITIES
CHURCH CHOIR
CIDER
CIGARETTES
CIGARS
CILANTRO
CINNAMON
CITRUS FRUITS; CITRUS FRUIT FLAVORS
CLAMS
CLARINET
CLASSIC CARS
CLEANING; CLEANLINESS
CLOCKS
“CLOTHES HORSE”
CLOTHES WASHING
CLOVERS
CLOVES
COBALT BLUE OBJECTS
COCAINE
COCK FIGHTS
COCONUT
CO-DEPENDENCY
COD
COFFEE
COFFEE CAKE
COFFEE FLAVOR
COINS
“COKE”
COLD DRINKS
COLLARD GREENS
COLLAGES
COLLECTING
COLUMBINES (Flower)

COMBS
COMEDY
COMIC BOOKS
COMIC STRIPS
COMMITMENT-AVOIDING
COMPACT DISCS
COMPENSATION
COMPLAINING
COMPUTER GAMES
COMPUTERS
“CONFORMITY-CONSCIOUSNESS”
“CONQUESTS”
“CONSPICUOUS CONSUMPTION”
“CONSUMING PASSIONS”
CONTACT SPORTS
CONTAINERS
“CONTROL-AVOIDANCE”
“CONTROL-MANIA”
COOKIE JARS
COOKIES
COOKING
“COP” SHOWS
CORIANDER
CORKSCREWS
CORN
CORN CHIPS
CORN DOGS
CORN FLOWERS
CORNMEAL
COSMOS FLOWER
COSTUMES
COTTON CANDY
COUGH SYRUP
CRAB MEAT
“CRACK” (Cocaine derivative)
“CRACKER JACKS”
CRACKERS
CRAFTS
CRANBERRY; CRANBERRY SAUCE; CRANBERRY JUICE; CRANBERRY FLAVOR
CRAYFISH
CREAM
CREAM CHEESE
CREME SODA
CREPE MYRTLE (Flowering tree)
CREPES
CRIME
CROCHET
CROQUET
CROSS-COUNTRY SKIING
CROSSWORD PUZZLES
CROWS
CRUCIFIXES
“CRUNCHY” FOODS
“CRYSTAL”
CRYSTAL WARE

CRYSTALS
CUCUMBERS
CUMIN
CUPS; CUPS AND SAUCERS
CURRANTS
CURRY
CUSHIONS
CYMBAL-PLAYING
CYNICAL HUMOR

D

“DAD-ADDICT”
DAFFODIL (Flower)
DAGGERS
DAHLIA (Flower)
DAIRY PRODUCTS
DAISY (Flower)
DANCE
DANCING
DANDELIONS
“DANGER-FREAK”
“DANISH PASTRY”
DART BOARDS
DATES
DATING
“DAY-GLO” COLORS
DEBATING
DECANTERS
DELPHINIUM (Flower)
DEPRESSANTS
DESERT
DICE
DIET SODA
DILL
DINNER BELLS
DINOSAURS
DISAPPROVAL-ENSLAVEMENT
DISCUS
“DISSIPATION BLUES MAN/MAMA”
DIVINER SAGE
DIVING (Deep sea)
DIVING (Into the water)
DOG RACES
DOGS
DOGWOOD
DOLLS
DOMINOES
DONUTS
DOODLING
DOOR KNOCKERS
DOT-TO-DOT DRAWINGS
DOUBLE SOLITAIRE
“DOWNERS”
DRAWING
DRINKING MODES

“DR. PEPPER”
DRUMS; DRUMMING
“DRY” DRINKS
DRY FOODS
“DRY” HUMOR
“DRY” TOAST
DUCK
DVD’S

E

EAGLES
EASTER LILY (Flower)
ECCENTRICITY
“ECSTASY”
“EGG CREAM”
EGGPLANT
EGGS
ELDERBERRY; ELDERBERRIES
ELECTRIC GUITAR
ELECTRIC/ELECTRONIC KEYBOARD
E-MAIL
EMBALMING FLUID
“EMOTIONAL-COMMOTIONAL”
EMPATHOGENS
ENDIVE
ENGLISH HORN
ENGLISH MUFFINS
ENTERTAINING (For an audience)
ENTERTAINING (Having people over)
ENTERTAINMENT
“ERECTOR” SETS
EROTIC UNDERWEAR
“ESCAPE/RELIEF EXPERIENCE-SEEKING” ADDICTIONS
ESCARGOT
ESOTERIC INTERESTS
ESPRESSO
ETHNIC FOODS
EUCALYPTUS (Flower)
EXHIBITIONISM
“EXCITEMENT-FREAK”
“EXCUSE-MAKING”
“EXERCISE-NUT”
“EXPERIENCE-EXPANSION”
EXPLORING
“EXTORTION-ARTIST”
EYEBROW-PLUCKING
EYE DROPS

F

FACE-PICKING
FALAFELS
FALCONS
FALLING IN “LOVE”
FAME
“FAMILY-ADDICT”

FAMILY ACTIVITIES
“FAMILY-PLEASING”
FANS (Electric, as in the bedroom at night, etc.)
FANS (Hand-held)
FANTASY GAMES
FAST WALKING
FATTY FOODS
“FEAR-FREAK”
FEATHERS
“FEELING-AVOIDANCE”
FENNEL (Spice)
FERNS
FETISHISM
FICTION
“FIDDLING” WITH OBJECTS
“FIGHT-AHOLIC”
FIGS
FILBERTS
FINANCIAL TRACKING
FINGERNAIL BITING
FIRE; FIRES
FIREARMS
“FIREBALL FLICKS”
FIRE-SETTING
FIREWORKS
FISH
“FISH & CHIPS”
FISHING
“FITNESS-FIEND”
FLAGS
FLANNEL SHEETS
FLEA MARKETS
“FLOATS”
FLOWERS
FLUTE
FLY-FISHING
FLYING
FOLK ART
FOOD
FOOTBALL
FOOTBALL CARDS
FOREST
FORGET-ME-NOT
FORKS
FORMALDEHYDE
“FORM-FREAK”
FOSSILS
FOXGLOVE (Medicinal, poisonous flower)
FOX-HUNTING
FRANGIPANI (Flower)
“FREEDOM-FREAK”
FRENCH FRIES
FRENCH HORN
FRIED FOODS
“FRIEND-ADDICT”

FROG'S LEGS
FROTTEURISM
FROZEN WATERFALL CLIMBING
FROZEN YOGURT
FRUIT
FRUIT FLAVORS
FRUIT YOGURT
FUCHSIA (Flower)
"FUNNIES;" COMIC STRIPS

G

GADGETS
GAMBLING
GAMES
GAME SHOWS
GARBANZO BEANS
GARDENIA
GARDENING
GARGOYLES
GARLIC
GASOLINE
GELATIN
GEMS
GERANIUMS
GIN
GIN; GIN RUMMY
GINGER
GINGERBREAD
GINGER ALE
GLADIOLA
GLASS-WORKING (Art)
GLOBALISM
GLOVES
GLUE-SNIFFING
"GO"
GOAT'S MILK
"GOD-AHOLIC"
GOLD
GOLDENROD (Flower)
GOLF
"GOODIE-GETTING"
GOOD LUCK CHARM(S)
GOOSE
GOOSEBERRY; GOOSEBERRIES
"GOSSIP-MONGER"
GOURMET
GRANOLA
GRAPE FLAVOR
GRAPEFRUIT(S)
"GRAPE-NUTS"
GRAPES
GRAPHOLOGY
"GRASS" (Marijuana)
GRAVY
"GREENS"

GREETING CARDS
GRIPING
GRITS
GROUP THERAPY
“GUILT-GRABBING”
GUM; CHEWING GUM
GUM DROPS
GUNS
“GURU-SHOPPING”
“GURU-WORSHIP”
GYMNASTICS

H
HAIR PLAY
HAIR-SET PERFECTIONISM
HALIBUT (Fish, as food)
HALLUCINOGENS
HAM
HAMBURGERS
HAM RADIO
HANDBALL
HAND MIRRORS
HAND WASHING
HANG GLIDING
“HAPPINESS-ADDICT”
HARD CANDIES
HARD LIQUOR
HARD SURFACES
HARMONICA
HARMONIUM
HARP
HARPSICHORD
HASHISH; HASH
HATS
HAVING BABIES
HAVING TO HAVE SOMETHING IN THEIR MOUTH
HAWKS
HAZEL NUTS
HEALING TECHNOLOGIES
HEALTH FOODS
“HEALTH NUT”
HEART’S EASE (Flower)
HEATHER (Evergreen shrub)
HEAVY BLANKETS
HEDONISM
HELIOTROPE (Flower)
HELMETS
HEMLOCK
HERBAL TEA
HERBS
HEROIN
HERRING
HIBISCUS (Flower)
HICKORY NUTS
“HIDDEN QUALITIES” PICTURES

“HIDE AND SEEK”
HIGH JUMP
HIKING
HISTORY
“HIP” TRIP
“HOBBY-HOLIC”
HOCKEY
HOCKEY CARDS
HOLLYHOCK
HOME WORKSHOP
HOMINY
HONEY
HONEYDEW MELON
HONEYSUCKLE
“HOPSCOTCH”
HORNS
“HORROR” CARDS
HORROR SHOWS
HORSEBACK RIDING
HORSE RACES
HORSERADISH
HORSES
HORSESHOES
HOT BATHS
HOT DOGS
HOT DRINKS
HOT FOODS
HOUSEHOLD REPAIRS
“HOW TO’s”
HUB CAPS
HUCKLEBERRY; HUCKLEBERRIES
HUMOR
HUNDRED YARD DASH
HUNTING
HURDLES
HYACINTH (Flower)

I
ICE
ICE CREAM
ICE CREAM SODAS
ICE HOCKEY
ICE SKATING
IDEALISM
IDOLIZATION
“IMAGE”-FOCUSSED
“IMPRESSARIO” TRIP
“IMPROVEMENT-MAD”
INCENSE
INCENSE BURNERS
INDIAN ARTIFACTS (The Eastern culture)
INDIAN ARTIFACTS (Native American)
INFANTILISM
“INFOMANIAC”
INHALANTS

“INJUSTICE-NURTURING”
INSECT-FANCIER
INSTANT FOODS
INTELLECTUAL ELITISM
INTELLECTUALISM
INTENSITY-SEEKING
INTERIOR DECORATION
INTERNET
INVENTING; INVENTIONS
INVESTMENTS
I-POD
IRIS (Flower)
IRONING
ISOLATION
“ITALIAN SODAS”

J

“JACKS”
JAM
JASMINE (Flower, tea, seasoning)
JASMINE (Spice or Tea)
JAVELIN
“JELL-O”
JELLY
JELLY BEANS
“JERKY”
JEWELRY
JIG-SAW PUZZLES
JOGGING
JOGGING CLOTHES
JONQUIL (Flower)
JOUSTING
“JOY-AHOLIC”
JUGGLING
JUICE (Fruit)
JUICE (Vegetable)
JUICY FOODS
JUJITSU
“JUJU FRUITS” (Candy)
JUKE BOXES
JUMP ROPING
JUNK FOOD

K

KALE
KARATE
KAYAKING
KELP
KEROSENE
KETCHUP
“KID-ADDICT”
KIDNEY (Meat)
“KISS-AHOLIC”
KIWI
KLEPTOMANIA

KNITTING
KNIVES
KNOCKERS (Front door)
KUNG FU
“KVETCHING”

L

LABYRINTHS
LACE
LA CROSSE
LADYSLIPPERS (Flower)
LAMB
LAMPS; LANTERNS
LARD
LARKSPUR (Flower)
“LATTE”
LAUGHTER
LAVENDER (Flower)
LAWN DECORATIONS
LAWN MOWING
LAXATIVES
LEAFY VEGETABLES
“LEARNING FIEND”
“LEATHERS” (Clothing)
LEEKS
“LEGO BLOCKS”
LEMON
LEMON-LIME
LENTILS
LETTUCE
LICORICE
“LIFESAVERS”
LIGHTHOUSES
LILAC (Flower)
LILY (Flower)
LILY OF THE VALLEY (Flower)
LIMA BEANS
LIME
“LINCOLN LOGS”
LINENS
LINT-PICKING
LIPSTICK
LITIGATION
LIVER
LOBSTER
LOGANBERRY; LOGANBERRIES
LOLLIPOPS
“LONG-HAULIC”
LOTTERY-PLAYING
LOTUS BLOSSOMS
LOUD MUSIC
“LOVE-AHOLIC”
“LOVER-ADDICT”
LSD
LUKEWARM DRINKS

LUPINE (Flower)

LUST

M

MACADEMIA NUTS

MACE (Spice)

MACKEREL

MACROBIOTICS

MAGAZINES

MAGIC

MAGNOLIA (Flower)

MAIL-ORDERING

MAKEUP

MAKING MONEY

MAKING UP STORIES

MALTS

MANDOLIN

MANGO

MAPLE SUGAR

MAPS

MARATHONS

MARGARITAS

MARIGOLD (Flower)

MARIJUANA

MARIMBA

MARJORAM

MARMALADE

MARSHMALLOWS

MARTIAL ARTS

MARTINIS

“MARTYRING”

MASHED POTATOES

MASKS

MASOCHISM

MASSAGES

MASTURBATION

MATCHBOOKS

MATCHMAKING

MATERIALISM

MATHEMATICS

MAYONNAISE

MAZES

MDMA (“Ecstasy”)

MEAT

MEAT SNACKS

MECHANICAL PUZZLES

MEDICAL SCANNINGS

“MEDICI”

MEDITATION

MELANCHOLY

MELON(S)

“MEMORIES-ADDICT”

“MENSA MENTALITY”

“MENTORING-MANIA”

MERRY-GO-ROUNDS

MESCALINE
METAL-WORKING
METAPHYSICS
“METH”
MILITARISM
MILK
MILK OF MAGNESIA
MILKSHAKES
MILLET
MIMOSA (Flower)
MINCE PIE
MINERAL WATER
MINIATURES
“MINI-EXPERTISES”
MINT
MIRRORS
MISTLETOE
MIXED DRINKS
“MOCHA”
MODEL AIRPLANES
MODEL CARS
MODEL MILITARY EQUIPMENT
MODEL RAILROADS
MODEL SHIPS
MOLASSES
“MOM-ADDICT”
MONEY
“MONOPOLY”
MORNING GLORY (Flower)
MOSAICS
MOSS(ES)
MOTORCYCLES
MOUNTAIN CLIMBING
MOUNTAINS
“MOVIE NUT”
MOVIE POSTERS
MOVING
MOWING LAWNS
MUFFINS
MUGS
MULBERRY; MULBERRIES
MUNG BEANS
MUSEUMS
MUSHROOMS
MUSIC
MUSIC BOXES
MUSIC-MAKING
MUSSEL (Shellfish - as food)
MUSTARD (Condiment)
MUSTARD (Flower)
MUTTON
MYRTLE (Flower)

N
NAME-DROPPING
NAPS
NARCISUS FLOWER
NASAL SPRAYS
NASTURTIM (Flower)
NATIVE AMERICAN ARTIFACTS
NATURALISM
NAUTICAL EQUIPMENT
NAZISM
NECTARINES
NEEDLEPOINT
NEWSPAPER-READING
NICOTINE
“NINTENDO” (Video game)
NON-FICTION-READING
NON-PRESCRIPTION NARCOLEPTICS
NON-PRESCRIPTION STIMULANTS
NOODLES
“NORMALCY”
NOSTALGIA-FREAK
NOVELTY-SEEKING
NUDITY
NUTMEG
“NUTRASWEET” (Artificial sweetener)
NUTS; NUT FLAVORS

O
OATMEAL
OATS
OBOE
“OBLIVION-SEEKING”
OILY FOODS
OKRA
OLD MOVIES
OLIVES, BLACK
OLIVES, GREEN
OMLETTES
ONIONS
OPIOIDS
ORACLES (Psychics, astrologers, channels, gurus, etc.)
ORACLES (I Ching, Tarot, Medicine Cards, Runes, etc.)
ORANGE(S); ORANGE FLAVOR
ORANGE BLOSSOMS
ORCHID
OREGANO (Herb)
ORGAN
ORIENTAL ACCOUTREMENTS
OUTDOORS
OVERDOSE
OWLS
OYSTERS

P
PAIN PILLS; PAINKILLERS
“PAINT-BY-NUMBERS”
PAINTING (Art)
PAINTING (House)
PAINT THINNER
PALEONTOLOGY
PALMISTRY
PANCAKES
PANSY
PAPAYAS; PAPAYA FLAVOR
PAPER
PAPER DOLLS
PAPRIKA
PARENTING
“PARENT-RESCUING”
PARMESAN CHEESE
PARSLEY
PARSNIP
“PARTICULAR PERSON-ADDICT”
PARTIES
PASSION-ADDICT
PASTA
PASTRAMI
PASTRIES
“PATHOLOGICAL LIAR”
“PCP”
PEACHES
PEACH BLOSSOMS
“PEAK-BAGGER” (Has to be the “best,” the “most,” “Number One,” etc.)
PEANUT BUTTER
PEANUT BUTTER-AND-CHOCOLATE
PEANUT BUTTER-AND-JELLY SANDWICHES
PEANUTS; PEANUT FLAVOR
“PEANUTS”
PEAR(S)
PEAS
PECANS
PEONY (Flower)
PEPPER (Black)
PEPPERMINT; PEPPERMINTS; PEPPERMINT FLAVOR; PEPPERMINT TEA
PEPPERONI
PEPPERS
PERCH
PERCUSSION INSTRUMENTS
“PERENNIAL STUDENT”
PERFECTIONISM
PERFORMING (Putting on “acts” singing, dancing, acting, stand-up comedy, etc.)
“PERFORMING” (Seeking to manifest perfection for their all-persuasive “audience” in their head.)
PERFUME (For the female)
PERFUME (For the male)
PERFUME BOTTLES
PERIWINKLE (Flower)
PERSIMMONS
“PETER PAN(ELLA)”- ADDICT

PETS
PETUNIA (Flower)
“PEZ:” “PEZ”-DISPENSERS
PHEASANT
“PHONE-AHOLIC”
PHOTOGRAPHIC EQUIPMENT
PHOTOGRAPHS
PHOTOGRAPHY
PHYSICAL EXERTION
PIANO
PICCALO
PICKLES
PICTURE PUZZLES
PIE
PIGEONS
PILLOW FIGHTS
PIMENTO, PIMIENTO
PINBALL GAMES
PINAPPLE(S)
PING-PONG
PINTO BEANS
PIPE SMOKING
PISTACHIOS
PIZZA
PLAINS
PLANTS
“PLAY-ACTING”
“PLAYER” LIFESTYLE
“PLEASURE-GLUTTON”
“PLEASURE-PRIORITY”
PLUMS
POETRY
POINSETTA (Flower)
“POINTILISM”
POKER
POLE VAULTING
POLICE BAND RADIO
“POLITICS-NUT”
POLO
POMEGRANATE(S)
POOL (The game)
POOL-BETTING (On the pool game’s outcome)
POOL-BETTING (In groups on predicted outcomes of things as reflected in specific events such as competitions, promotions in the organization or the play out of scenarios)
POPCORN
POPPIES
POPSICLES
PORK
PORNOGRAPHY; “PORN CARDS”
PORTRAITS
POSTERS
“POT”
POTATO CHIPS
POTATOES
“POWER/EFFECTANCE EXPERIENCE-SEEKING”ADDICTIONS

“POWER-FREAK”
PRAWNS
PRAYER
“PREPARING”-ADDICT
PRETZELS
PRIMITIVE ART
PRIMROSE (Flower)
“PRINCE (SS) AND THE PEA” PATTERN
PROSTITUTES
“PROZAC”
PRUNES
PSILOCYBIN
PSYCHOLOGY
PUBLIC MASTERBATION
PUBLIC SPEAKING
“PUMPING IRON”
PUMPKIN; PUMPKIN PIE
“PUNISHMENT-SEEKING”
PUNS
PURSES
PUZZLES

Q

QUAIL
QUEEN ANNE’S LACE
QUILTS
QUINCE
QUOTES

R

RABBIT MEAT
RABBITS
RABBIT’S FOOT
RACE TRACKS
RACING
RAQUETBALL
RADIOS
RADIO SHOWS
RADISH
“RAGE-AHOLIC”
RAISINS
RAPE
RASPBERRIES; RASPBERRY FLAVOR
RATIONALITY
RAVENS
RAW HAMBURGER
READING
RE-ARRANGING ROOMS
REBELLION; “REBELLIOUS CHILD” PATTERN
RECIPES
RECORDER (The musical instrument)
“RECORD-KEEPING MANIA”
RECORDS (Guinness Book, etc.)
RECORDS (45, EP, vinyl or acetate phonograph discs)
RED MEAT

RED SNAPPER (as food)
“REHASHING” COMPULSION
“REHEARSING” COMPULSION
“REJECTION-COURTING” SOCIAL INTERFACE
RELATIONSHIPS
RELIGION; RELIGIOUS SERVICES
REMODELLING
REMOTE CONTROL CARS, PLANES, BOATS
“RESCUING”
“RESPONSIBILITY-FREAK”
“RESTITUTION 1”
“RESTITUTION 2”
“RESULTS-MANIA”
RETRIBUTION
“REVENGE-FREAK”
RHODODENDRON (Flower)
RHUBARB
RICE
“RICH” FOODS
“RIGHT AND RIGHTEOUS”
RINGS
“RISK-AHOLIC”
ROCK CLIMBING
ROCKS
ROLLER BLADING
ROLLER COASTERS
ROLLER SKATING
ROMANCE
ROMANCE NOVELS
“ROMANCING THE STONE”
ROOT BEER
ROOT BEER FLOATS
ROSEMARY
ROSES
ROUGH TEXTURES
RUBBER STAMPS
RUGBY
RUGS
RUM
RUMMY; GIN RUMMY
RUNNING
RUNNING SHOES
“RUSH-AHOLIC”
RUTABAGA
RYE (Grain and bread)
RYE (Whiskey)

S

SACCHARIN (Artificial sweetener)
SACRED PATH FIXATION
SADISM
SAFARIS
SAFFLOWER
SAFFRON (kind of crocus flower)
SAFFRON (Spice)

SAGE
SAILING
SALAD
SALAMI
SALMON
SALSA
SALT; SALTY FLAVORS
SALT WATER TAFFY
SAND CASTLES
SANDWICHES
SANTA CLAUS
SARCASTIC HUMOR
SARDINES
SARDONIC HUMOR
SATIN
SAUERKRAUT
SAUSAGE
SAVORY (Herb)
SAXOPHONE
SCALLOPS
SCARVES
SCHOOL (“Perpetual student”)
SCOTCH
SCOUTING
“SCRABBLE”
SCUBA DIVING
SCULPTING
SCULPTURES
“SEALED UNIT”-ING
SEAWEED (as food)
“SECURITY”-FREAK
“SECURITY-SEEKING”
SEDATIVES
“SEDUCTIVE-DESTRUCTIVENESS”
“SELF-ATTACK”
SELF-IMPROVEMENT
SELTZER WATER
“SERIAL KILLER”
“SERVE-AHOLIC”
SESAME
“SEVEN-UP,” “SPRITE,” “SLICE,” etc. (Lemon-lime type soda)
SEWING
SEX-ADDICTION; CYBER SEX ADDICTION
SEXUAL AROUSAL RELEASERS (VERY DETAILED SECTION)
SHARK MEAT
SHELLFISH (As food)
SHELLS
SHERBERT; SORBORT
SHIP-IN-A-BOTTLE
SHOES
SHOPLIFTING
“SHOP-AHOLIC”
SHOT PUT
SHOWERS
SHRIMPS (as food)

“SIBLING-ADDICT”
“SIGNIFICANCE-AVOIDANCE”
“SIGNIFICANCE-FIXATION”
SILKY/SATINY TEXTURES
SILVER SETS
SILVERWARE
SINGING
SITUATION COMEDIES
SKATEBOARDING
SKEET SHOOTING
SKIING
SKY-DIVING
SLAPSTICK HUMOR
“SLEEP-AHOLIC”
SLIPPERS
SLOT MACHINES
SMOKED FOODS
SMOKING
SMOOTH TEXTURES
SNACKING
“SNAILS” (Danishes a kind of pastry)
SNAILS (Escargot - the animal as a delicacy)
SNAKE-FANCIER
SNAPDRAGONS (Flower)
SNEAKERS
SNORKELLING
SNOWBALL FIGHTS
SNOWBALL (Flower)
SNOWBOARDING
SOAP OPERAS
SOCCER
SOCIALIZING
SODA POP
SODAS (Seltzer, flavoring and floating ice cream)
SOFT DRINKS
SOFTBALL
SOFT FOODS
SOFT PORN
SOFT TEXTURES
SOLE (Fish, as food)
SOLITAIRE
SOMBREROS
SOPHISTICATED COMEDIES
SORREL
“SORROW-ADDICT”
SOUP
SOUR FLAVORS
“SOY-ADDICT”
SPACE TRAVEL THEMES
“SPACE-OUT ARTIST”
“SPAM”
SPARKLING WATER; SELTZER; CARBONATED WATER
SPEARMINT
“SPEED”
SPELUNKING

SPHERE(S); GLASS BALL(S); CRYSTAL BALL(S)
SPICY FOODS
SPICY/SPICES FLAVORS
SPIDER-FANCIER
SPINACH
SPIRITUALISM
SPIRITUALITY
SPITOONS
SPOONS
SPORTS CARS
SPORTS GAMBLING
“SPORTS-MANIA”
“SPOTLIGHT-ADDICT”
“SPOUSE-ADDICT”
SPROUTS
SQUASH (The racquet-using hand ball-like game)
SQUASH (Vegetable)
STAMP-COLLECTOR
“STAR TREK;” “TREKKIE”
“STAR WARS”
STATE LOTTERY PLAYING
“STATUS-ADDICT”
“STATUS QUO-ADDICT”
STEAK
STEALING
STEINS
STEREO-FREAK
STEROIDS
STIMULANTS
STIMULATION-SEEKING
STORYTELLING
“STRANGULATION SEX” RECIPIENT
STRAWBERRIES; STRAWBERRY FLAVOR
“STRESS-SEEKER”
STRING BEANS
“STRIPPING” (Professionally)
“STRIPTEASE”-LOVER
“STRUGGLE-ADDICT”
STUFFED ANIMALS
STURGEON (Fish, as food)
“SUCCESS-AVOIDANCE”
SUCKERS (Candy)
“SUFFERING-SEEKER”
SUGAR
SUGAR SUBSTITUTES
SUNFLOWERS
SUNFLOWER SEEDS
“SUN-WORSHIPPER”
SUPER-SELF-SUFFICIENCY
SURFING
“SURGERY-FREAK”
“SURVIVALISM”
SUSHI
SUSPENDERS
SWEAT SUITS; SWEAT PANTS

SWEET-AND-CRUNCHY FOODS
SWEET-AND-SOUR FLAVORS
SWEET-AND-SOUR-AND-SPICY-HOT FLAVORS
SWEET DRINKS (Sugary alcoholic beverages)
SWEET FLAVORS
SWEET PEA (Flower)
SWEET POTATOES
SWEETS
SWIMMING
“SWINGING” (Spouse-swapping)
SWORD FISH (as food)
SWORDS

T
TABLE-TENNIS
TAFFY
“TAI CHI-FREAK”
“TALK-AHOLIC;” “TALK-ATHON TABLE-HOPPER”
TALK RADIO
TANGERINE(S)
TAP DANCING
TAPES
TAPIOCA
TARRAGON
TATTOOS
TAVERNS
TEA (Black)
TEA (Herbal)
TEACHING
TEA CUPS
TEA POTS
“TECH-EMPHASIS”
“TELEPHONE TALK-AHOLIC”
“TENNIS-FIEND”
TEQUILA
THEATER-MANIA
THE PLAINS
“THERAPY-ADDICT”
THIMBLES
THINKING; THOUGHT
THUMBSUCKING
THYME
TIDE POOLS
TIGER LILY
“TINKERTOYS”
TOAST
TOBACCO
TOMATO(S)
TONGUE (of a cow)
“TOOTSIE ROLLS”
TORTILLA CHIPS
TORTOISE MEAT
TOYS
TRACK-AND-FIELD
“TRAGIC DRAMA”-ADDICT

TRAINING
TRAINS
TRANQUILIZERS; “TRANQS”
TRANSVESTITISM
“TRAVEL-ADDICT”
TREES
“TREKKIE”
“TRIVIA-FIXATION”
TROMBONE
TROPHIES
TROPICAL FISH
TROUT
TRUMPET
TUBA
TUBEROSE
TULIPS
TUNA
TURKEY
TURMERIC
TURNIPS
TURTLE MEAT
TV
TV WRESTLING
“TWIDDLING” WITH OBJECTS
“TWINKIES” (“Junk food” baked goods, sweets)

U
UNICORNS
“URGENCY”

V
VALIUM
VANILLA
VEAL
“VEGETARIANISM-FREAK”
VEGETABLES
VELVETY TEXTURES
VENISON
VIAGRA.
VIBRAPHONE
“VICTIM-TRIPPING”
VIDEO GAMES
VIDEOS
“VINDICATION-SEEKING”
VINEGAR
VIOLA
VIOLENCE
VIOLETS (Flower)
VIOLIN
VISUAL EXPERIENCES
VODKA
VOLLEYBALL
VOYEURISM

W

WAFFLES
WALKING
WALLETS
WALNUTS
WANDS
“WAR-FASCINATION”
WARM BEER
“WASH-AHOLIC”
WATCHES
WATER CHESTNUTS
WATERCRESS
WATER LILY
WATERMELON
WATER POLO
WEAVING
WHEAT
WHEAT CRACKERS; (“WHEAT THINS”)
WHEAT GERM
WHIPPED CREAM; WHIPPING CREAM
WHISKEY
WHITE FISH
WHITEWATER RAFTING
WIND-SURFING
WILDFLOWERS
WINDOW SHOPPING
WINE
WINKING
WINTERGREEN
“WISDOM-FREAK”
WISTERIA (Flower)
WOOD
WOODWORKING
“WORKAHOLIC”
“WORKSHOP-JUNKIE”
WORRYING
“WORTH/ACCEPTANCE EXPERIENCE-SEEKING” ADDICTIONS
WRESTLING
“WRITING-MANIA”

X

XYLOPHONE

Y

YAMS
YARD SALES
YEAST
“YOGA-JOCK(ETTE)”
YOGURT
YO-YO’s
YUCCA FLOWERS

Z
“ZEN-ZONER”
ZINNIA
ZITHER
“ZOO-FREAK”
ZUCCINI