



# Messages from the Body Index

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## A

ABASIA  
ABDOMINAL CRAMPS  
ABDOMINAL PAIN  
ABDOMINAL PREGNANCY  
ABNORMALLY RAPID HEART-BEAT  
ABORTION  
ABSCESSSES  
ACCIDENT  
ACCIDENTAL POISONING  
ACHES  
ACHILLES' TENDON PROBLEMS  
"ACID CONDITIONS"  
ACID REFLUX  
ACNE  
ACQUIRED IMMUNO DEFICIENCY SYNDROME (AIDS)  
ADDICTIONS  
ADDISON'S DISEASE  
ADENOID PROBLEMS  
ADHESIVE CAPSULITIS  
ADRENAL DEPLETION  
ADRENAL PROBLEMS  
"AGENT ORANGE" POISONING  
AGING PROBLEMS  
AGRANULOCYTOSIS  
AGUE  
AIR SICKNESS  
ALCOHOLISM  
ALD  
ALLERGIC SHOCK  
ALLERGIES  
ALTITUDE SICKNESS  
ALVEOLI PROBLEMS

ALZHEIMER'S DISEASE  
AMBLYOPIA  
AMEBIASIS  
AMNESIA; AMNESIC SYNDROME  
ANAL PROBLEMS  
ANDROGEN PROBLEMS  
ANEMIA  
ANESTHETIC EJACULATION  
ANEURYSM  
ANGINA PECTORIS  
ANKLE PROBLEMS  
ANOREXIA  
ANTHRAX  
APHASIA  
APNEA  
APPENDICITIS  
APPETITE, EXCESSIVE  
APPETITE, LOSS OF  
ARM PROBLEMS  
ARM AWKWARDNESS  
ARM PARALYSIS  
ARMPIT PROBLEMS  
ARRHYTHMIA  
ARTERIOSCLEROSIS  
ARTERIOSCLEROTIC DEMENTIA  
ARTERY PROBLEMS  
ARTHRITIS  
ARTICULATION PROBLEMS  
ASBESTOS POISONING  
ASPHYXIATING ATTACKS  
ASSAULT VICTIM  
ASTHMA  
ATHETOSIS  
ATHLETE'S FOOT  
AUTOIMMUNE DISORDER  
AVIAN FLU ("BIRD FLU")  
"AWKWARDNESS"

## **B**

BACKACHE  
BACK HALF OF THE BODY PROBLEMS  
BACK PROBLEMS  
BAD BREATH  
BAD TASTE IN THE MOUTH  
BALANCE PROBLEMS  
"BARBER'S ITCH"  
BED-WETTING; "PEEING IN THEIR PANTS"  
BEE STINGS  
BELCHING; BURPING

BELL'S PALSY  
"BELLY BUTTON" PROBLEMS  
BELLY PROBLEMS  
"BENDS"  
BERYLLIUM POISONING  
BILE IN THE BLOOD  
BITES – ANIMAL  
BITES – HUMAN  
BITES – INSECT  
BITES – SNAKE  
BITES – SPIDER  
"BLACK EYE"  
BLACKHEADS  
BLACKING OUT  
BLADDER PROBLEMS  
BLANCHING  
BLAND TASTE PREFERENCES  
BLEEDING  
BLINDNESS  
BLINKING RAPIDLY  
BLISTERS  
"BLOATED" (Abdominal Distention)  
"BLOATED" (Body-wide Water Retention)  
"BLOOD BLISTER"  
BLOOD CLOTS  
BLOOD POISONING  
BLOOD PRESSURE – HIGH  
BLOOD PRESSURE – LOW  
BLOOD PROBLEMS  
BLURRED VISION  
BODY ODOR ("BO")  
BOILS  
BONE PROBLEMS  
BONES, DISLOCATED  
BOTULISM  
BOWEL MOVEMENT QUALITIES  
BOWEL PROBLEMS  
"BRAIN FOG"  
BRAIN PROBLEMS  
BRAIN TUMOR  
BREAKING WATER  
BREAST PROBLEMS  
BREAST TUMOR  
BREATHING PROBLEMS; MOUTH BREATHING  
BREECH PRESENTATION  
"BRITTLE BONES" SYNDROME  
BROKEN BLOOD VESSELS  
"BROKEN HEART SYNDROME"  
BRONCHIAL PROBLEMS; BRONCHIAL SPASMS  
BRUISES

BUBONIC PLAGUE  
BULIMIA  
BURNS  
BURSITIS  
BUTTOCKS PROBLEMS  
BYPASS OPERATION

## C

CALCIFICATION  
CALF PROBLEMS  
CALLOUSES  
CANCER  
CANDIDA  
CANKER SORES  
CAPILLARY PROBLEMS  
CARBUNCLE  
CARDIAC ARREST  
CARDIOVASCULAR PROBLEMS  
CARPAL TUNNEL SYNDROME  
CAR SICKNESS  
CATAPLEXY  
CATARACTS  
CATARRH OF THE EAR  
CAVITIES  
CELIAC DISEASE  
CELLULITE  
CELLULITIS  
CENTRAL NERVOUS SYSTEM (“CNS”) PROBLEMS  
“CEREBRAL ALLERGY”  
CEREBRAL PALSY  
CERVIX PROBLEMS  
CESAREAN SECTION BIRTH  
CESSATION OF OVULATION  
CHAFING  
CHAGAS’ DISEASE  
CHANCROID  
“CHAPPED LIPS”  
CHARLES BONNET SYNDROME (CBS)  
CHEEK PROBLEMS  
CHEEKBONE PROBLEMS  
CHEMICAL POISONING  
CHEMOTHERAPY REACTION  
CHEST COLD  
CHEST PROBLEMS  
“CHICKEN POX”  
“CHILBLAINS”  
CHILDBIRTH COMPLICATIONS  
CHILDBIRTH DAMAGE TO THE MOTHER  
CHILDHOOD DISEASES

“CHILLS”  
CHIN PROBLEMS  
CHLOASMA  
CHOKING  
CHOLERA  
CHOLESTEROL PROBLEMS  
CHOREA  
CHRONIC DISEASE  
CHRONIC FATIGUE SYNDROME; CHRONIC FATIGUE IMMUNE DYSFUNCTION  
SYNDROME  
CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)  
CHRONIC REVERSED POLARITY  
CIRCULATION PROBLEMS  
“CLEARING THEIR THROAT”  
CLENCHED FISTS, CHRONIC  
CLITORIS PROBLEMS  
“CLUSTER HEADACHES”  
COLD EXTREMITIES, CHRONIC  
COLD-HATING (ALLERGIC TO COLD)  
COLD-LOVING  
COLDNESS  
COLDNESS HEADACHE  
COLDS; “COMMON COLD”  
“COLD SORES”  
“COLD SWEATS”  
COLIC  
COLLAPSED LUNG  
COLLARbone PROBLEMS  
COLON PROBLEMS  
COMA  
CONCUSSION  
CONDYLOMA  
CONGESTION  
CONGESTIVE HEART FAILURE  
CONGESTIVE PNEUMONIA  
CONSTIPATION, CHRONIC  
CONSTIPATION, TEMPORARY  
CONSTRICTIONS  
CONTACT DERMATITIS  
CONTINUOUS ERECTION  
CONVERSION DISORDER  
COORDINATION PROBLEMS  
CORNEA PROBLEMS  
CORN  
CORONARY THROMBOSIS  
CORTISOL PROBLEMS  
COUGH  
COUGH – PERSISTENT  
COUVADE  
COXSACKIEVIRUS

“CRABS”  
“CRAMPS” (MUSCLE)  
“CRAMPS” (UTERINE)  
CRANIAL PRESSURE  
CREUTZFELDT-JAKOB DISEASE  
“CROUP”  
“CROWN AREA” PROBLEMS  
CRYING - EXCESSIVE OR CHRONIC  
CUMULATIVE TRAUMA DISORDER  
CUTICLE PROBLEMS  
CUTS  
CYSTIC FIBROSIS  
CYSTS

## **D**

DANDRUFF  
DEAFNESS  
DEATH “BLUNT FORCE”  
DEATH IN CHILDBIRTH  
DEGENERATION OF THE SPINAL CORD AND MUSCLES; DEGENERATIVE DISORDERS  
DEGENERATIVE JOINT DISORDER (DJD)  
DEHYDRATION  
DELIRIUM  
DELIRIUM TREMENS  
DEMENTIA  
DEMENTIA DUE TO HIV VIRUS  
DENGUE  
DERMATITIS  
DETACHED RETINA  
DEVIATED SEPTUM  
DHEA PROBLEMS  
DIABETES - TYPE I  
DIABETES - TYPE  
“DIAPER RASH”  
DIAPHRAGM PROBLEMS  
DIARRHEA  
DIFFICULTY SWALLOWING  
DIFFICULTY WITH BREAST FEEDING  
DIGESTIVE ENZYME PROBLEMS  
DIGESTIVE SYSTEM PROBLEMS  
DIPHtheria  
DISCHARGE FROM THE NOSE (FOUL-SMELLING)  
DISCOLORATION OF THE SKIN  
DISC PROBLEMS  
DISSEMINATED SCLEROSIS  
DISRUPTION OF MOTION  
“DIZZINESS”  
“DOWN THE WRONG TUBE”  
DROOLING

“DROPSY”  
DROWNING  
“DRY HEAVES”  
DRY MOUTH (Lack of saliva)  
DRY MOUTH (Where the tongue sticks to the roof and it feels sticky)  
DRY SKIN  
DUODENUM PROBLEMS  
DYSENTERY - AMOEBIC (Severe diarrhea caused by amoeba)  
DYSENTERY - BACILLARY (Severe diarrhea caused by bacteria)  
DYSKINESIA (Uncoordinated involuntary movements)  
DYSLEXIA (Inability to read - inability to perceive written material correctly)  
DYSTONIA

## **E**

EARLY MENOPAUSE  
EARACHE  
EAR DRAINAGE  
EAR INFECTION  
EAR PROBLEMS  
EARLOBE PROBLEMS  
EATING DISORDERS  
“E-BALL VAPOR” POISONING  
ECLAMPSIA (Internal poisoning and possibly convulsions late in pregnancy)  
E. COLI  
ECTOPIC PREGNANCY (Outside the uterus)  
ECZEMA (Itchy rashes on skin)  
EDEMA (Body-wide water retention)  
ELBOW PROBLEMS  
ELECTRIC SHOCK  
ELEPHANTIASIS (Severe swelling of extremities and genitals, with skin-thickening)  
ELIMINATION PROBLEMS  
EMBOLISM (Floating blood clot in their circulation system)  
EMPHYSEMA (Degeneration of the lungs)  
ENCEPHALITIS (Inflammation of the brain)  
ENDOCRINE SYSTEM PROBLEMS  
ENDOMETRIOSIS; ENDOMETRITIS (Inflammation of the womb lining)  
ENERGY DEPLETION  
ENTERITIS (Inflammation of the intestinal tract)  
ENVIRONMENTAL ALLERGY (Allergic to just about everything)  
EPILEPSY  
EPSTEIN-BARR VIRUS (the virus that causes mononucleosis)  
ESOPHAGUS PROBLEMS  
ESTROGEN PROBLEMS (Female hormone, particularly in regard to the sexual system)  
EUSTACHIAN TUBE PROBLEMS  
EXCESSIVE LACTATION (Too much milk production)  
EXCESSIVE SALIVATION  
EXCESS SPINAL FLUID  
EXCESS MUCOUS  
EXHAUSTION

“EXPLOSION” (Literally their head or their whole body “exploding” - blowing apart)  
EXPLOSIVE DIARRHEA  
EYE PROBLEMS  
EYEBROW PROBLEMS  
EYELASH PROBLEMS  
EYELID PROBLEMS

## **F**

FACE PROBLEMS  
FACIAL “TIC” (Involuntary movements of the facial muscles)  
“FAILURE TO THRIVE” (Wasting away in infancy)  
“FAINTING SPELLS;” FAINTING  
FALLOPIAN TUBE PREGNANCY  
FALLOPIAN TUBE PROBLEMS (Particularly blocking)  
FALLS  
“FALSE PREGNANCY”  
“FARTING”  
FATIGUE  
FATTY TUMORS (Fatty deposits and growths)  
“FEEBLENESS”  
“FEMALE PROBLEMS”  
FEMALE SEXUAL AROUSAL DISORDER  
FETAL ALCOHOL SYNDROME  
FEVER  
“FEVER BLISTERS”  
FIBRILLATION (Abnormally rapid heartbeat)  
FIBROIDS (Benign tumors and cysts in the womb)  
FIBROMYALGIA  
FIBROUS GROWTHS  
“FIFTH SYNDROME” VIRUS (Dry red rashes- highly contagious)  
FINGER PROBLEMS  
FINGER INTERSPACE PROBLEMS  
FINGERNAIL PROBLEMS  
FISTULA (Hole from surface to an inner organ)  
“FLESH-EATING VIRUS;” “FLESH-EATING BACTERIA”  
“FLICKER-FREAKOUTS”  
“FLOATERS” (Free-falling dark bits in the ocular fluid)  
FLU; INFLUENZA (Virus infection)  
FLUCTUATING ILLNESS (It comes and it goes)  
FOOD POISONING  
FOOT DROP  
FOOT PROBLEMS  
FOREHEAD PROBLEMS  
FRACTURED SKULL  
FREEZING TO DEATH  
FREQUENT ILLNESSES  
FREQUENT URINATION  
FRIGIDITY  
“FROG IN THE THROAT” (Mucous in the larynx) [Frequently]



## FRONT HALF OF THE BODY PROBLEMS

“FROST BITE” (Damage to extremities caused by freezing)

“FROZEN SHOULDERS”

FUNGUS

## G

GALL BLADDER PROBLEMS

GANGRENE

“GAS;” “GAS PAINS”

GASTRIC BYPASS (Stapling off part of the stomach to lower food intake)

GENITAL PROBLEMS, FEMALE

GENITAL PROBLEMS, MALE

GENITAL “WARTS”

GERD (Gastroesophageal Reflex Disease [Heartburn])

GERMAN MEASLES

GIARDIA (Toxic parasite that induces nausea, vomiting and diarrhea)

GIARDIA LAMBLIA

“GLANDERS” (Swollen mucous membranes in nostrils and jaw-it comes from horses.)

GLANDULAR PROBLEMS

GLAUCOMA (Fluid pressure increase and the resulting hardening of the eyeball)

GLUTEN SENSITIVITY

“GOITER” (Enlarged thyroid gland)

GONORRHEA

“GOOSE BUMPS”

GOUT

GRANULOCYTOPENIA (Reduced defensive white blood cells)

GRANULOMA ANNULARE

GRAVE’S DISEASE (Hyperthyroidism)

GROIN PROBLEMS

GROWTHS (Tumors)

“GULF WAR SYNDROME”

“GULPING AIR”

GUM PROBLEMS

GUNSHOT WOUND

## H

HAIR-LOSS

HAIR-PULLING; PULLING HAIR OUT

HAIR TANGLES; SNARLED HAIR (Frequently or chronically)

HAND PROBLEMS

“HANGOVER”

“HANTAVIRUS”

HARDENING OF THE ARTERIES

HAY FEVER

HEADACHES

“HEAD COLD”

HEAD LICE

HEAD PROBLEMS

HEAD TRAUMA  
HEARING PROBLEMS; “HARDNESS OF HEARING”  
HEART AREA PROBLEMS  
HEART ATTACK  
HEARTBEAT SLOWED  
“HEARTBURN”  
HEART BYPASS OPERATION  
“HEART FAILURE”  
“HEART MURMUR”  
HEART PROBLEMS  
HEART-STOPPAGE – SUDDEN  
HEART VALVE PROBLEMS  
HEAT-HATING  
HEAT-LOVING  
“HEAT PROSTRATION”  
HEAT RASH  
“HEATSTROKE”  
HEEL SPUR  
HEMOPHILIA  
HEMORRHAGING  
HEMORRHOIDS  
HEPATITIS  
HERNIA  
HERNIATED DISC  
HERPES; HERPES GENITALIS  
HERPES SIMPLEX; HERPES LABIALIS  
HIATAL OR HIATUS HERNIA  
“HICCABURP”  
HICCOUGHS; HICCUPS  
HIP PROBLEMS  
HIV POSITIVE  
“HIVES”  
HODGKIN’S DISEASE  
HOMICIDE VICTIM  
“HOOF AND MOUTH” DISEASE  
“HOOK WORM”  
HORMONAL PROBLEMS  
HOT EXTREMITIES, CHRONIC  
“HOT FLASHES”  
HOTNESS; FEELING HOT; HAVING HOT SKIN  
“HPV” (Human Papillomavirus)  
HUNTINGTON’S CHOREA  
HYPERACTIVITY; HYPERREACTIVITY  
HYPERGLYCEMIA  
HYPERPARATHYROIDISM  
HYPERSENSITIVITY TO LIGHT AND PERCEPTIONS  
HYPERSENSITIVITY TO PAIN  
HYPERSENSITIVITY OF SENSE OF SMELL  
HYPERSENSITIVITY TO SOUND AND NOISE  
HYPERSENSITIVITY OF TASTE

HYPERSENSITIVITY TO TEMPERATURE – COLD  
HYPERSENSITIVITY TO TEMPERATURE – HOT  
HYPERSENSITIVITY OF TOUCH  
HYPERSONNIA  
HYPERTENSION  
HYPERTHYROIDISM  
HYPERVENTILATION  
HYPOGLYCEMIA  
HYPOSENSITIVITY TO PAIN  
HYPOTHALAMUS PROBLEMS  
HYPOTENSION  
HYPOTHYMUS PROBLEMS  
HYPOTHYROIDISM  
HYSTERECTOMY

## **I**

IATROGENIC ILLNESS  
ILEITIS  
ILEOCECAL VALVE PROBLEMS  
IMMUNE SYSTEM PROBLEMS  
IMPETIGO  
IMPOTENCE  
INABILITY TO ABSORB NUTRIENTS  
INABILITY TO COMMUNICATE MEANING  
INABILITY TO COMPREHEND SPEECH  
INABILITY TO CRY (Emotional)  
INABILITY TO CRY (Genetic)  
INABILITY TO DISCERN EMOTIONS  
INABILITY TO FORM BLOOD CLOTS  
INABILITY TO FORM WORDS  
INABILITY TO PERCEIVE THINGS  
INABILITY TO PHONETICALLY SOUND OUT WORDS  
INABILITY TO PRODUCE MILK (Nursing)  
INABILITY TO RECOGNIZE FACES  
INABILITY TO SLEEP  
INABILITY TO SMELL  
INABILITY TO SNEEZE  
INABILITY TO SPEAK; INABILITY TO TALK  
INABILITY TO SWALLOW  
INABILITY TO TASTE  
INABILITY TO URINATE  
INABILITY TO WALK  
INCURABLE DISEASES  
INDIGESTION  
INDUCED LABOR  
INFECTON  
INFERTILITY  
INFLAMMATION  
INFLAMMATION OF THE ABDOMINAL CAVITY LINING

INFLAMMATION OF THE BONES  
INFLAMMATION OF THE BRAIN  
INFLAMMATION OF THE CHEEK(S)  
INFLAMMATION OF THE HAIR ROOTS  
INFLAMMATION OF THE MAMMARY GLAND(S)  
INFLAMMATION OF THE MASTOIDS  
INFLAMMATION OF THE PALATE  
INFLAMMATION OF THE RETINA  
INFLAMMATION OF THE STOMACH LINING  
INFLAMMATION OF THE TONSILS  
INHALING SOMETHING FROM THE ATMOSPHERE AROUND THEM  
INHALING SOMETHING DOWN THE WRONG TUBE  
INHIBITED ORGASM – FEMALE  
INHIBITED ORGASM – MALE  
INJURIES  
INNER EAR PROBLEMS  
INSANITY  
INSOMNIA  
INTERMITTENT BLEEDING  
INTERSEX  
INTESTINAL CRAMPS  
INTESTINAL FLU  
“INTUITION HEADACHES”  
INVOLUNTARY TREMOR  
“IRRITABLE STOMACH”  
ITCHING  
ITP

## **J**

JAUNDICE  
JAW PROBLEMS  
“JERKING” MOVEMENTS OF THE EYES (Nystagmus)  
JOINT PROBLEMS  
“JUNGLE ROT” (Severe fungus infection)

## **K**

KAPOSY’S SARCOMA  
KIDNEY PROBLEMS  
KLEBSIELLA  
KLINEFELTER SYNDROME  
KNEE PROBLEMS  
KNIFE WOUND  
KNOCKED OUT; “KO’d”  
KNUCKLE PROBLEMS

## **L**

LABORED BREATHING  
LACK OF MENSTRUATION  
LACK OF SEXUAL DESIRE  
LACK OF THE SENSE OF PAIN  
LACTIC ACIDOSIS  
LACTOSE INTOLERANCE  
LADA (Latent Autoimmune Diabetes in Adults)  
“LAMENESS”  
LARGE INTESTINE PROBLEMS  
LARYNGITIS  
LARYNGOPHARNGEAL REFLUX  
LARYNX PROBLEMS  
“LAZY EYE(S)”  
LEAD POISONING  
LEFT-HANDEDNESS  
LEFT SIDE OF THE BODY PROBLEMS  
LEG PROBLEMS  
LEGIONNAIRES DISEASE  
LEISHMANIASIS  
LEPROSY  
LEUKEMIA  
LICE  
LIGHTNING STRIKE (On them)  
“LIGHT-HEADEDNESS”  
LIMB PROBLEMS  
LIP PROBLEMS  
“LISPING”  
LIVER PROBLEMS  
“LOCKED IN” SYNDROME  
“LONG QT” SYNDROME  
LORDOSIS  
LOSS OF ABSTRACT THINKING FUNCTION  
LOSS OF BODY AND HEAD HAIR  
LOSS OF COORDINATION  
LOSS OF EYEBROWS AND/OR EYELASHES  
LOSS OF MENTAL FUNCTIONS  
LOSS OF THE SENSE OF TOUCH  
“LOU GHERIG’S DISEASE”  
LOW BIRTH WEIGHT  
LOWER HALF OF THE BODY PROBLEMS  
“LOW MILK SYNDROME”  
LOW PLATELETS  
LOW SPERM COUNT  
LOW WHITE BLOOD CELL COUNT  
“LUMBAGO”  
“LUMP IN THE THROAT” (Chronic)  
LUNG PROBLEMS  
LUPUS  
LYME DISEASE

LYMPHOMA  
LYMPH SYSTEM PROBLEMS

**M**

MALARIA  
MALE ERECTILE DISORDER  
“MALE MENOPAUSE” (Post-retirement depression)  
“MALE PROBLEMS”  
MALNUTRITION  
“MARASMUS”  
MASTOIDITIS  
MEASLES  
MELANOMA  
MEMORY PROBLEMS  
MENIERE’S DISEASE  
MENINGITIS  
MENOPAUSE PROBLEMS  
MENSTRUAL PROBLEMS  
MERCURY POISONING  
“METH MOUTH”  
MIGRAINE HEADACHE  
“MISCARRIAGE” (Spontaneous abortion)  
MISSING PULSE; NO PULSE DETECTABLE (AT TIMES)  
MITOCHONDRIAL MYOPATHY  
*MITTLESCHMERTZ* (Literally: “middle pain” - pain at ovulation)  
MONILIASIS  
“MONITOR FATIGUE” (Computer screen viewing disorder)  
MONKEYPOX  
MONONUCLEOSIS; MONO (Glandular fever)  
“MORNING SICKNESS”  
MOTION SICKNESS  
MOUNTAIN SICKNESS (Due to low air pressure)  
MOUTH PROBLEMS  
MRSA (Methicillin-Resistant Staphylococcus Aureus – a severe viral infection)  
MULTIPLE CHEMICAL SENSITIVITY  
MULTIPLE MYELOMA  
MULTIPLE SCLEROSIS  
MUMPS (Inflammation of the large salivary glands)  
MUSCLE CRAMPS  
MUSCLE PROBLEMS  
MUSCULAR DYSTROPHY  
MUSHROOM POISONING  
MYALGIC ENCEPHALOMYELITIS; “ME”  
MYASTHENIA GRAVIS  
MYCOPLASMA  
MYOMA

## **N**

NARCOLEPSY  
NAUSEA  
NAVEL PROBLEMS  
“NEAR DEATH EXPERIENCE” (“NDE”)  
NECK PROBLEMS  
NECROSIS  
NEMATODES  
NERVE PROBLEMS  
“NERVOUS BREAKDOWN”;“NERVOUS PROSTRATION”  
“NERVOUSNESS”  
NEUROFIBROMATOSIS  
NEUROPATHY  
“NIGHT BLINDNESS;” “NIGHT MYOPIA”  
NIGHTMARES; NIGHT TERRORS  
NILE VIRUS; WEST NILE VIRUS  
“NODULES”  
NON-GROWTH OF HAIR  
NON-TICKLISHNESS  
NOSEBLEEDS  
NOSE PROBLEMS  
NUMBNESS  
NUMB FEET

## **O**

OILY SKIN  
“--OSIS”  
OSTEOMALACIA  
OSTEOMYELITIS  
OSTEOPOROSIS  
OVARY PROBLEMS  
“OVERDOSE”  
“OVERDUE”  
“OVERSEXED”  
OXYGEN DEPRIVATION - USUALLY DURING BIRTH

## **P**

“PACEMAKER”  
PAGET’S DISEASE  
PAIN  
PAIN AT OVULATION  
PAIN BETWEEN THE SHOULDER BLADES  
PAINFUL BOWEL MOVEMENTS  
PAINFUL INTERCOURSE  
PAINFUL MENSTRUATION  
PAINFUL URINATION  
PAIN IN THE ABDOMEN  
PAIN IN THE JOINTS

PAIN IN THE MUSCLES  
PAIN IN THE RIBS  
PAIN ON MOVEMENT  
PAIN TOLERANCE – HIGH  
PAIN TOLERANCE – LOW  
PALLEGRA  
PALSY  
PANCREAS PROBLEMS  
PANIC ATTACKS; PANIC DISORDER  
PARALYSIS  
PARALYSIS OF THE DIAPHRAGM  
PARASITES; PARASITIC WORMS  
PARASYMPATHETIC NERVOUS SYSTEM PROBLEMS  
PARATHYROID PROBLEMS  
PARESIS  
PARKINSON’S DISEASE  
“PARROT FEVER”  
PELVIS PROBLEMS  
PENIS PROBLEMS  
PEPTIC ULCER  
PERICARDIUM PROBLEMS  
PERINEUM PROBLEMS  
PERIPHERAL NERVE FUNCTIONING IMPAIRMENT  
PERITONEUM PROBLEMS  
PERNICIOUS ANEMIA  
“PETITE MAL”  
“PHANTOM LIMB”  
PHLEBITIS  
PHILTRUM PROBLEMS  
PICK’S DISEASE  
PIMPLES  
“PINCHED NERVE”  
PINEAL GLAND PROBLEMS  
“PINWORMS”  
PITUITARY GLAND PROBLEMS  
PLACENTA PROBLEMS  
PLANTAR WARTS  
PLATELETS, LOW  
PLEURISY  
“PMS” (Pre-Menstrual Syndrome); “PMT” (Pre-Menstrual Tension)  
PNEUMOCOCCUS  
PNEUMONIA  
POISONING  
POISON OAK; POISON IVY  
POLIO; POLIOMYELITIS  
POLYCYSTIC OVARIAN SYNDROME (PCOS)  
POLYPS  
POST-CHILDBIRTH COMPLICATIONS  
“POST-NASAL DRIP”  
POSTPARTUM DEPRESSION



PREGNANCY COMPLICATIONS  
PREMATURE BIRTH  
PREMATURE DEVELOPMENT  
PREMATURE EJACULATION PATTERN  
PREMATURE MENOPAUSE  
“PRICKLY HEAT”  
PROGERIA  
PROGESTERONE PROBLEMS  
“PROJECTILE VOMITING”  
PROLAPSE  
PROLAPSED HEART VALVE  
PROSTATE PROBLEMS  
PROSTRATION  
PSORIASIS  
PSYCHOMOTOR EPISODES  
PTOMAIN POISONING  
PUBIC BONE PROBLEMS  
“PUFFINESS”

## **Q**

“QUINSY”

## **R**

“RABBIT FEVER”  
“RABIES”  
RADIATION SICKNESS  
RAPE  
RASHES  
“RAT BITE FEVER”  
RAYNAUD’S DISEASE  
RECTAL PROBLEMS  
RECTOCELE  
REFERRED PAIN  
REFLEX SYMPATHETIC DYSTROPHY  
REFLUX  
RELAPSING FEVER  
REPETITION OF BEHAVIORS; COMPULSIVE REDUNDANCY  
REPETITIVE INVOLUNTARY MOVEMENTS  
REPETITIVE MOTION DISORDER  
REPRODUCTIVE ORGAN PROBLEMS  
RESPIRATORY ILLNESS  
RESPIRATORY PROBLEMS  
“RESTLESS LEG SYNDROME” ()  
“RESTLESS LEG SYNDROME” ()  
“RETCHING  
RETROGRADE AMNESIA  
“RETROVIRUS”  
REYES SYNDROME

RHEUMATIC FEVER  
RHEUMATIC HEART  
RHEUMATISM  
RHEUMATOID ARTHRITIS  
RIB PROBLEMS; RIB CAGE PROBLEMS  
RICKETS  
RIGHT/LEFT SPLIT IN THEIR BODY  
RIGHT SIDE OF THE BODY PROBLEMS  
RINGING IN THE EARS (Mild)  
“RINGWORM”  
RITTER’S DISEASE  
ROCKY MOUNTAIN SPOTTED FEVER  
ROSACEA  
ROTATOR CUFF TENDONITIS  
RUBELLA  
RUMINATION SYNDROME OF INFANCY  
“RUNNY NOSE”  
RUPTURE  
RUPTURED DISC

## **S**

SACROILIAC PROBLEMS  
SALIVARY GLAND PROBLEMS  
SALMONELLA  
SARS  
SCABS  
SCALP PROBLEMS  
SCARLET FEVER  
SCIATICA  
SCLEROSIS  
SCOLIOSIS  
SCRATCHES  
SCRATCHING  
SCROTUM PROBLEMS  
SCURVY  
“SEA-SICKNESS”  
SEBACEOUS CYST  
SEBORRHEIC KERATOSIS  
SEIZURES  
SELF-INDUCED ILLNESSES  
SELF-POISONING  
“SEMI-SNORTING”  
SENILITY  
SENSORY-MOTOR INTEGRATION SYNDROME  
SEPSIS  
“SHAKES”  
SHALLOW BREATHING  
SHIGELLOSIS  
“SHINGLES”

SHIN PROBLEMS  
“SHIVERING”  
“SHOCK REACTION”  
SHORTNESS OF BREATH  
SHOULDER BLADE PROBLEMS  
SHOULDER JOINT PROBLEMS  
SHOULDER PROBLEMS  
SICKLE CELL ANEMIA  
“SIDE ACHE”  
“SIDS”  
SIGHING  
SILICON POISONING  
SINUS PROBLEMS  
SKELETON PROBLEMS  
SKIN PROBLEMS  
SKIN TABS  
SLEEP APNEA  
SLEEP-DEPRIVATION SYNDROME  
“SLEEPING SICKNESS”  
SLEEP-WAKE SCHEDULE DISORDER  
SLEEP-WALKING  
SLOWED HEART RATE  
SMALL INTESTINE PROBLEMS  
SMALLPOX  
SMOKE-INHALATION  
“SNARLS” IN THE HAIR; HAIR TANGLES  
SNEEZING  
“SNIFFLING”  
SNORING  
“SNORTING”  
SOFTENING OF THE BONES  
“SOLAR FEVER”  
SOLAR PLEXUS PROBLEMS  
“SOMETHING IN THEIR EYE”  
SORES  
SORE THROAT  
SPASTIC COLON  
“SPASTIC” DUODENUM  
SPHINCTER PROBLEMS  
SPINAL CORD PROBLEMS  
SPINAL DISC PROBLEMS  
SPINAL FLUID PROBLEMS  
SPINE PROBLEMS  
SPLEEN PROBLEMS  
“SPLINTERS”  
SPLIT HAIR ENDS  
SPRAINS  
SPRUE  
“SQUINTING”  
“STABBING HEART PAINS”

STAB WOUND  
STAPH INFECTION; STAPHYLOCOCCUS  
STARVATION  
STATIC ELECTRICITY SHOCKS  
STEALTH VIRUS  
STERILITY  
STERNUM PROBLEMS  
STIGMATA  
STOMACH ACHE  
STOMACH FLU  
STOMACH PROBLEMS  
STREP THROAT  
“STRESS EFFECTS”  
“STROKE”  
“STUBBED TOE”  
“STUCK BURP”  
“STUFFY NOSE”  
“STUPOR”  
“STUTTERING”  
“ST. VITUS’ DANCE”  
“SUDDEN DEATH DIET” SYNDROME  
SUFFOCATION  
SUICIDE  
SUNBURN  
SUN SENSITIVITY  
SWALLOWING DIFFICULTY  
SWEATING EXCESSIVELY  
“SWEATLESS”  
SWELLING  
SYMPATHETIC NERVOUS SYSTEM PROBLEMS  
“SYNDROME X”  
SYPHILIS  
SYSTEMIC INFECTION

## **T**

TAPEWORM  
TARDIVE DYSKINESIA  
TEAR DUCT PROBLEMS  
“TEETH-CHATTERING”  
“TEETH-GRINDING”  
TEETH PROBLEMS  
TEMPLE PROBLEMS  
TEMPORO-MANDIBULAR JOINT (“TMJ”) PROBLEMS  
TENDON PROBLEMS  
TENSION HEADACHES  
TESTICLE PROBLEMS  
TESTOSTERONE PROBLEMS  
TETANUS; TETANY  
The “TROTTS;” The “RUNS”

THICKENED BONES  
THIGH PROBLEMS  
“THIRD EYE” AREA PROBLEMS  
THIRSTINESS; DRYNESS OF THE MOUTH AND THROAT  
THROAT PROBLEMS  
THRUSH- ORAL  
THYMUS GLAND PROBLEMS  
THYROID PROBLEMS  
“TICS”  
TICKS  
“TINGLING” SENSATIONS  
TINNITUS  
TOE PROBLEMS  
TOE INTERSPACE PROBLEMS  
TOENAIL PROBLEMS  
“TONGUE FISSURES”  
TONGUE PROBLEMS  
TONSILLITIS  
TORPOROUSNESS  
TORSO PROBLEMS  
TOURETTE SYNDROME  
TOXOPLASMOSIS  
TRACHEA PROBLEMS  
TRAUMATIC BRAIN INJURY (TBI)  
“TRAVELER’S THROMBOSIS;” “ECONOMY CLASS SYNDROME,” “DEEP VEIN  
THROMBOSIS” OR DVT  
TREMBLING  
TREMOR  
“TRENCH MOUTH”  
TRICHINOSIS  
TRIGLYCERIDES, HIGH  
“TRIPLE WARMER” PROBLEMS  
TUBAL PREGNANCY  
TUBERCULOSIS  
TUBEROUS SCLEROSIS  
TUMOR(S)  
“TWITCHING”  
TYPHOID FEVER  
TYPHUS FEVER

## U

ULCERATED SPOTS ON THE SKIN  
ULCERATIVE COLITIS  
ULCERS  
UNCOORDINATED INVOLUNTARY MOVEMENTS  
UNDERWEIGHT IN INFANCY  
“UNDULANT FEVER”  
UMBILICAL HERNIA  
UPPER HALF OF THE BODY PROBLEMS

UPSET STOMACH  
UREMIA  
URETHRA PROBLEMS; URINARY TRACT PROBLEMS  
URGE URINARY INCONTINENCE; URINATING TOO FREQUENTLY  
UTERUS PROBLEMS

## **V**

VACCINATION REACTION  
VAGINAL PROBLEMS  
“VALLEY FEVER”  
VASECTOMY REACTION  
VEIN PROBLEMS  
VENEREAL DISEASE  
VERTIGO  
VIRAL INFECTION(S)  
VISION PROBLEMS  
VITAMIN DEFICIENCY  
VITILIGO  
VOICE PROBLEMS  
“VOMITING”  
VULVA PROBLEMS

## **W**

WAIST PAINS  
WARTS  
WEAKNESS  
WEEPING SKIN ERUPTIONS  
“WHIPLASH”  
“WHITEHEADS”  
WHOOPING COUGH  
WORKING THEMSELVES TO DEATH  
“WORMS”  
WOUND(S)  
WRIST PROBLEMS  
“WRITER’S CRAMP”

## **X**

## **Y**

YAWNING  
YAWS  
YEAST INFECTION  
YEAST OVER-PRODUCTION  
YELLOW FEVER

## Z

### **BODILY SYMBOLISM**

ENDOMORPH

ENDO-MESOMORPH

MESOMORPH

MESO-ECTOMORPH

ECTOMORPH

WELL-DEVELOPED CHEST; SLIM WAIST; DIAMOND-SHAPED FACE; AND STRAIGHT POSTURE

HEART-SHAPED HEAD THAT IS LARGE IN PROPORTION TO THEIR BODY; SHORT AND FRAGILE TORSO; SLENDER EXTREMITIES

RECTANGULAR HEAD WITH HOLLOW CHEEKS; LONG AND THIN TORSO; BONEY EXTREMITIES

TENSE, BACKWARD-CURVED BODY; STIFF NECK AND SHOULDERS; INFLATED CHEST

UPPER BODY EXPANDED; OVER-FIRM POSTURE AND BODY WALLS; BRACED AND BRITTLE POSTURAL POSITION

EXPANDED UPPER BODY AND THIN LOWER BODY, WITH STRONG TENSION IN THE HEAD, NECK, PELVIS AND LEGS

COMPACT; SUPER-SOLID AND STOLID “IMPENETRABLE FORTRESS”

DOWNWARD-SQUEEZED; SHORTENED STATURE; FORWARD-CURVING POSTURE

“PUFFED OUT;” “PEAR-SHAPED;” SOFT; “BALLOON-LIKE”

“SUNKEN DOWN;” “FORMLESS;” KNEES LOCKED; HEAD BENT FORWARD; “S-SHAPED”

LARGE HIPS, LEGS AND PELVIS, BUT WITH A SMALL AND EVEN CHILD-LIKE BODY

“DISJOINTED” BODY STRUCTURE AND “MECHANICAL” BODY MOVEMENTS

HEAD, LIMBS AND GENITALS ARE “WEAK” AND HELD BACK

RIGID BODY; FIXED EXPRESSION; STIFF KNEES AND ANKLES; INFLEXIBLE LEGS

“FLACCID” FRONTAL EXTENSOR MUSCLES, WITH COMPENSATORY TIGHTENED REAR FLEXOR MUSCLES

EXPANDED CHEST; ERECT POSTURE; ELEVATED HEAD; RAISED SHOULDERS

RIGID BODY, STIFF NECK AND SET JAW, WHILE SIMULTANEOUSLY DISPLAYING AN ACTIVE PELVIS - BY A FEMALE

“PERMANENT STOOP” - SLUMPED SHOULDERS, BOWED HEAD, SUNKEN CHEST, FORWARD LEAN

MUSCULAR, STRONG, “WIRY” BODY

LONG AND TALL, WITH BONEY AND RUGGED FEATURES

SLENDER AND QUIET, WITH LARGE, HYPNOTIC EYES - IN A FEMALE

FLESHY, “EARTHY,” SLOW-MOVING AND EASY-GOING

ROUND, FLUID AND “ETHERIAL”

POWERFUL TORSO, BUT WEAK LIMBS

THIN TORSO, BUT POWERFUL LIMBS

DIMINUTIVE STATURE; EXTREME SHORTNESS; “STUNTED GROWTH”

“LITTLE PERSON;” “MIDGET” STATURE; “DWARF”

TALLNESS

“GIANTISM”

OVERWEIGHT; OBESITY

UNDERWEIGHT; “SKINNINESS”  
“MUSCLE MAN;” “MUSCLE WOMAN”  
CONSTRICTED WAIST  
LONG LIMBS  
SHORT LIMBS  
“LONG-WAISTED”  
“SHORT-WAISTED”  
“DOLL-LIKE” WOMAN  
“TURNED UP NOSE;” BRIGHT, SHINING EYES; YOUTHFUL RADIANCE IN A FEMALE  
QUICK; AGILE; LEAN; “CLEAN-CUT;” THICK HAIR; BRIGHT EYES  
“HOURLASS FIGURE” WOMAN  
“TRIANGLE TORSO” MAN  
“BREATH-TAKINGLY BEAUTIFUL;” “ARRESTINGLY HANDSOME”

## **GENETIC/CONSTITUTIONAL PROBLEMS**

ABRACHIA (Born with no arms)  
ACROMEGALY  
ADRENOLEUKODYSTROPHY (ALD) [Loss of myelin sheaths in the brain in male children]  
“ALBINO”  
BATTAN’S DISEASE (Neuronal Seroid Lypofufionis)  
“BIRTH DEFECT(S)”  
“BLUE BABY”  
BONES – DEFORMED  
“BRITTLE BONES” SYNDROME  
“CLEFT PALATE”  
“CLUB FOOT”  
“COLOR BLINDNESS”  
CONGENITAL PROBLEMS  
“DEVIANT;” “DEFORMED”  
“DOWN’S SYNDROME”  
EPICANTHUS  
EXTRA FINGER(S)  
EXTRA TOE(S)  
“HARE LIP”  
“HUNCHBACK;” “HUMP BACK”  
HYDROCEPHALIC BRAIN  
HYPOSPADIS  
ICHTHIOSIS  
INHERITED DISEASE(S)  
KLEINFELTER SYNDROME  
“LOU GHERIG’S DISEASE”  
MENTAL RETARDATION  
NEURONAL SEROID LYPOFUFIONIS  
OMPHALOCELE  
PHENYLKETINURIA (“PKU”)  
PORPHYRIAS  
PYLORIC STENOSIS  
SPINA BIFIDA  
TAY-SACHS DISEASE



TURNER'S SYNDROME  
"UGLINESS"  
WEBBED FINGERS  
WEBBED TOES

## **SIGNIFICANT STRUCTURAL DISTORTIONS**

AMPUTATION  
"BIG HEAD"  
"BULGING," WIDE EYES  
"CLOWN NOSE"  
COMPACTED SPINE  
DISFIGUREMENT  
"DOWAGER'S HUMP"  
LORDOSIS  
MASTECTOMY  
PLASTIC SURGERY  
SCOLIOSIS  
SMALL HEAD  
SURGERY  
THREE BREASTS  
"TIED TONGUE"

## **BODY PART CHARACTERISTICS**

ARM CHARACTERISTICS  
"BELLY" CHARACTERISTICS  
BREAST CHARACTERISTICS  
BUTTOCKS CHARACTERISTICS  
CHEST CHARACTERISTICS  
CHIN CHARACTERISTICS  
EYE CHARACTERISTICS  
EYE AREA CHARACTERISTICS  
EYEBROW AREA CHARACTERISTICS  
EYELASH CHARACTERISTICS  
EYELID CHARACTERISTICS  
FOOT CHARACTERISTICS  
FOREHEAD CHARACTERISTICS  
HAND CHARACTERISTICS  
HEAD CHARACTERISTICS  
LARYNX CHARACTERISTICS  
LEG CHARACTERISTICS  
LIP CHARACTERISTICS  
MOUTH CHARACTERISTICS  
MUSCLE CHARACTERISTICS  
NECK CHARACTERISTICS  
NOSE CHARACTERISTICS  
PELVIS CHARACTERISTICS  
PENIS CHARACTERISTICS

SHOULDER CHARACTERISTICS  
SKIN CHARACTERISTICS  
TEETH CHARACTERISTICS  
TESTICLE CHARACTERISTICS  
TOE CHARACTERISTICS

**“NORMAL RANGE” STRUCTURAL ISSUES**

BALDNESS  
“BIRTHMARKS”  
BLOOD TYPES  
“BODY-PIERCING”  
“BOW LEGS”  
BREAST IMPLANT  
BREAST REDUCTION  
DELAYED AGING  
DERMABRASION  
“DOUBLE-JOINTED”  
“FAT PADS”  
HAIR GROWING IN UNUSUAL LOCATIONS  
“HAIRINESS”  
HAIR TRANSPLANTS  
KELOID CONDITION  
“KNOCK KNEES”  
LIP IMPLANTS  
LIPOSUCTION  
“LOVE HANDLES”  
MOLES  
“NODULES”  
PECTORAL IMPLANTS  
PENIS ENLARGEMENT  
PLASTIC SURGERY (Elective)  
PREMATURE AGING  
PREMATURE DEVELOPMENT  
PREMATURELY GREY BEARD  
PREMATURELY GREY HAIR  
PREMATURELY WHITE HAIR  
“SAGGING” FACIAL LINES  
SCARS  
WARM HANDS